

December 2019 Menu

Douglas County Senior Center * 2 % Milk Served Daily

*WW Bread available upon request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Salisbury Steak Italian Cabbage Salad Au Gratin Potato Green Peas Peaches & Cookie	3 Deli Roast Beef Sandwich w/ Lettuce, Tomato & Provolone Cheese on ww Bread Cantaloupe Celery Sticks & Peanut Butter Tri Color Spiral Pasta Salad Fruit & Pudding Dessert	4 Chef Salad Lentil Soup Mandarin Oranges Oatmeal Muffin Square	5 Baked Cod Cajun Style Broccoli Stuffed Potato Garden Salad, Caesar Italian Dressing, Cracked Wheat Bread, Fresh Orange	6 Turkey Breast Sandwich w/ Cream Cheese & Cranberry Sauce On WW Bread, V-8 Juice Broccoli Salad, Chocolate Éclair
9 Grilled Chicken Bratwurst/ on WW Hot Dog Bun Hot German Pot. Salad German Slaw Spiced Applesauce Fresh Orange Sections	10 Taco Salad (Lettuce, Tomato, Cheese) Salsa & Sour Cream Spanish Rice, Ranch Style Beans, Sliced Apples	11 <u>Birthday Day</u> Roasted Pork Loin Fruit Salad, Dinner Roll Mashed Potato & Gravy Applesauce Cake & Ice Cream	12 Pepper Steak Brown Rice Pilaf Layered Salad Bran Roll Mixed Berry Cup	13 Fish Fillet Sandwich Lettuce & Tomato Scallop Potatoes, Carrots Tartar Sauce, Orange Guava Juice Lemon Pudding
16 Cheese Manicotti Tomato, Cucumber & Red Onion Salad Parisian Bread Italian Blend Vegetables Chocolate Cream Pie	17 LS Tomato Soup Holiday Sub Baby Carrots Apricot Halves	18 Breaded Pollack Cherry Brie Tossed Salad Rice Pilaf Key Largo Vegetables Lemon Bars Apple Juice	19 Charleston Chicken Over Rice, Broccoli Bacon Romaine Swiss Salad, Pineapple Juice Coconut Cream Pie	20 Roma Burger Romaine Lettuce Corn on Cob Baked Beans Cantaloupe
23 Crab Stuffed Tomato Lettuce, Hard Boiled Egg Carrot Sticks w/ Ranch Honeydew Melon Assorted Muffins	24 Spiral Ham Waldorf Salad Sweet Potatoes Mashed Potato & Gravy Green Bean Casserole Red Velvet Cupcakes	25 <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">CHRISTMAS DAY</p>	26 Turkey Chili Cornbread Mixed Green Salad LSIF Italian Dressing Ambrosia	27 Beef Teriyaki Jasmine Rice Steamed Broccoli Mixed Relish Tray 100% WW Bread Mandarin Orange
30 Baked Macaroni & Cheese Fish Sticks, Tartar Sauce Seasoned Green Beans Mixed Green Salad Spiced Peaches V-8 Splash Juice	31 Roast Beef, Red Potatoes, Mixed Vegetables Garden Salad w/ Salad Dressing Mandarin Oranges Gingerbread			

